



The Monthly Newsletter of St. Andrew's Episcopal Church Burke, Virginia



RECTOR
THE REV. WILL PACKARD
will@standrews.net

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tested by Satan, and he was with the wild beasts, and the angels waited on him. – Mark 1:12-13

Dear Friends in Christ,

Our Lenten journey begins in the middle of this month and we recall images of Jesus in the wilderness, not only tempted by Satan but ministered to by the angels. The wilderness carries many connotations in our lives. The image may be of a jungle where one does not want to enter or a barren desert without means for survival. The literal and figurative views of wilderness are those of scary places which we would rather avoid. However, we inevitably find ourselves in the wilderness throughout our lives. This Lent, we will Embrace the Wilderness, with our Lenten forum hour series

Prominent speakers will be here to not only preach but to teach and engage in our formation process. I want to highlight a couple including the Rev. Stephen L. Cook, Ph.D. (March 17), Professor of Old Testament Language and Literature from Virginia Theological Seminary. I also want to highlight Jennifer Pharr Davis (March 3), internationally recognized adventurer, speaker, author, and entrepreneur, with an incredible background of faith in the journey through literal wilderness.

Through this formation series and in our liturgy, I ask us to consider what it is to Embrace the Wilderness in our lives. How might we recognize those angels ministering to us in times of need and how might we be the angels. This Lenten journey will bring us to hard discussions and some really fun-filled and aweinspiring moments! What would it be to live without fear as we face those areas of humanity?

Along with this formation experience, you may choose to dedicate some time to reading. Below, you will find some suggestions for Lenten meditation with some that may not be distinctly Lenten materials, but may support you as you Embrace the Wilderness.

- Becoming Odyssa by Jennifer Pharr Davis
- Families on Foot by Jennifer Pharr Davis
- <u>Conversations with Scripture: 2 Isaiah</u> by the Rev. Dr. Stephen L. Cook
- Braving the Wilderness by Brene Brown
- Bread and Wine, Readings for Lent and Easter
- Online: <u>Lenten Mediations from Episcopal Relief</u> and Development

While the wilderness often evokes images of loneliness, we travel this Lenten journey together. I look forward to worshiping with you through this sacred journey and our longer, continued journey together, following Jesus Christ.

Faithfully yours,



#### Worship Services

Wednesday @ 9:30 AM Saturday @ 6:00 PM Sunday @ 8:00 & 10:00 AM

#### Bible Study

Wednesday @ 10:30 AM Sunday @ 9:00 AM

#### Sunday School

Sunday @ 11:20 AM

#### Adult Forum

Sunday @ 11:20 AM

#### **Choir Rehearsal**

Thursday @ 5:00 PM (Youth) Thursday @ 7:00 PM (Adult)

#### **AA Meetings**

Tuesday @ 7:00 PM Friday @ 8:00 PM

#### **ESOL**

Tuesday @ 9:30 AM

#### Office Hours

Monday 9-4 Tuesday 9-4 Wednesday 9-4 Thursday 9-4

#### **Net Submissions**

If you have an article for the Monthly Net, please email it to Emily (emily@standrews.net) no later than the 20th of the month. All submissions are subject to approval.

## **VESTRY NEWS**



SENIOR WARDEN
JEWELL GOULD
srwarden@standrews.net

I have appreciated the support of Father Will, the parish and Vestry, the guilds, c o m m i s s i o n s, greeters, ushers, the

staff and the comfort of the grounds and halls of St. Andrew's. Your kindness to each other and to my family means more than words can express. I have learned from each of you and your many corporal acts of mercy how to better live my life in service.

The examples are many, the evidence of your good works is present. We see them each time we enter St. Andrew's. Greeters and ushers welcoming us to the service. Organ music rolls across the chapel, inviting us to prepare our souls for grace. The Altar Guild has prepared the altar for Eucharist; the Flower Guild arrangements give our eyes a gentle resting place. Your plate donations enable the church to open its doors and to serve the needs of the poor. The light passes through the stained-glass legacy of others. Our chapel, a place of peace and beauty, prepares our hearts for the scriptures, sermon, and the prayers of the day. It is our spiritual home and source of strength and joy. Thank you for providing this blessing.

We shortly will elect the new Vestry members who will, with Father Will and our staff, lead us through the coming year. Your thoughtful prayers for their success are both welcome and necessary. This group will meet, plan, and execute our common vision for the days ahead and the years to come. We will be a different place, with the roots of our past forming the base upon which we build. Your generosity with the gifts you gave of time, talent, and resources have been graciously shared to enable us to meet the challenges we choose to accept. The hundreds of hours of your individual ministries accumulate to the benefit of all in our parish, and to no small extent, to those in our community and the larger world.

Thank you to those who have served on our commissions. We owe a debt to the Finance and Audit Committee for their work to assure the proper use of the aifts We appreciate provide. Endowment Commission for their work in managing our contributions from families so those resources are wisely invested and available to support our needs. We benefit from the work of the Property Commission, working with our Junior Warden, to take the steps needed to assure our building and grounds are maintained for our needs. We rely on our Tellers to assemble each week and account for the donations received from each of you. Our Sunday School classrooms hold opportunity to know Christ. There is room in this wide church for all to find work that speaks to our hearts in service. I remain grateful for all that you do.

I wrote last month that members I have spoken with believe St. Andrew's is moving in the right direction, with leadership and vision from Father Will, by growing support among parish members, in welcoming new families, and by contributing time, talent and resources needed to meet our potential for exciting programs of worship. It matters what we do, and how we live our lives. I value what I have seen in your examples; I intend to join you going forward to make our church the welcoming home for all to enter and seek God.

# PRESCHOOL NEWS





preschool@standrews.net | (703) 455-8458

A thrilling discovery happens in February. The children are settled in their classrooms. They know each other's names and their classroom routines. This is the time of

reinforcement and practice of what they know and then it happen, the big transformation, where our students begin making connections to the world around them. It is delightful to watch!

Just a recap of the last few months!

We all enjoyed the Christmas performances and cookie receptions. Thank you to Mrs. Elliff, our music teacher and classroom teachers for your commitment to making kid friendly musical fun!

Our Preschool Board and Preschool Families, with the leadership of Sharon Gould and Ann DiMisa wrapped a festive box of homemade Christmas cookies for each staff member. It was a very thoughtful surprise. My boys are very excited about this Christmas tradition at the preschool!

In January, we had a few snow days and one of them was a PJ and donut day. Perfect timing! We also had a visit from the fire puppets. A Fairfax County Fire Department puppet show teaching fire safety to preschoolers. The best was the January Nature Explorer class right after a weekend snow storm which brought the perfect fluffy snow just right for building and playing!

February the classes will celebrate Valentine's Day with parties, a special snack, and lots of cards!



We have been registering returning students and siblings of returning and alumni students, and parish members for the 2024-2025 school year. Registration will open up to the community Tuesday, February 6th. If you know of someone looking for a preschool next year, please ask them to contact our preschool office at 703-455-8458 or email preschool@standrews.net. On our web site preschool.standrews.net they can view a virtual tour of our program. There, they can also complete an inquiry to receive more information about enrollment or begin the registration process through our software ChildPilot.

I saw an alumni grandma in the grocery store recently and she was commenting on how our preschool works with children at such a precious age. Her exact words, "They are a little slice of heaven."

Prayer List

John Carver
Nancy
Andrea
Tony Durso
Don & Marlene Taggart
Libby Fike
Eve Albanese
Sally Heyer
Obadiah & Claudia Dugan
Alice Roerig
Mary Jeanne Sabo
Janet Foley
Larry Packard

Bob & Ellen
Rich Roerig
Michael Rollo
Bill Hartig
Olivia
Felix
Frank
Gayle Brooks
Eddie Fortune
Michelle
Mike
Angela Kennedy
Karen Camp
Bishop Carl Wright

Bishop Shannon Johnston

Francisco Elaine Askew Terri Bennett Sylvia J. Bill Armour Marcia & Jim Compton Kim Reisig Wally Morgan Eva Taggart Benn Crandall Jennifer Herzog Marco N. Gary Nash **Cathy Withers** Ed Zaptin Tara Corley Steven Charles Smith

Joan Hahn
Conrad Grundlehner
Dom Grady
Tate
Amber Almonte
Steve
Bertie Joe Burtnett
Gloria Covington
Mike de Cardona
Ford Family
Betty Sue Sellers
Annie Hughes
Eric
Kristan

Departed

Fatmatta Rahman (parishioner)
Andrea Griffiths (wife of Stoney Griffiths)
Stephen Crispell (father of Tom Horan)
Jill Glover (cousin of Susan Scott)
Tom White (uncle of Lori Foster)
Bill Wimmer (cousin of Christine Kelly)

Lisa

# **ANNOUNCEMENTS**

#### Save the Date: 2024 Workcamp

Stacey Peters & Carl Jones | workcamp@standrews.net

Our 2024 Workcamp will take place from June 15th-22nd in Frederick, MD. We have spots for 10 youth. Contact Stacey or Carl for more information or if you have questions.

#### Save the Date: Vacation Bible School

Amy Tibbetts | amy@standrews.net

Our 2024 Vacation Bible School will take place from July 29th to August 2nd. We are in need of volunteers to lead the program this year, so if you are able to step up and help out, please contact Amy.

#### Childcare Help

Sarah Gregory & Brian Chatman | formation@standrews.net

Our Pre-K and Nursery classes, which watch our youngest members from 10:00 a.m. to 12:15 p.m. on Sundays, need helpers for each classroom. Each class has a paid staff member, but for the safety of everyone, we need at least one helper with them throughout the morning.

Our Nursery needs an adult helper each week, and our Pre-K class needs an adult or teen helper each week. Teen volunteers (14+) can earn service hours for their work. Sign up here to volunteer: <a href="http://tiny.cc/babywatch-win24">http://tiny.cc/babywatch-win24</a>.

#### St. Andrew's Prayer Guild

Betsy Cotton | prayers@standrews.net

Comprised of current and former parishioners, the Prayer Guild fosters a network of support and connection. This devoted group has made it our mission to extend prayers to those on our list and to every soul within our congregation. Here's a little-known gem: the Prayer Guild prays for every member, not just those in distress. Yes, you, reading this, are being lifted in prayer by a member of the Guild.

The Prayer Guild isn't just there for times of hardship; we are also eager to share in moments of gratitude. Whether you seek solace in troubled times or wish to celebrate life's blessings, their inbox at **prayers@standrews.net** is always open, ready to receive your prayer requests.

We extend a warm invitation to all. You needn't be a seasoned prayer warrior; a willing heart is required. We invite you to join our community that nurtures and grows through prayer together. Whether you're seeking solace, offering thanks, or simply curious, consider stopping by and chatting with Betsy to learn more. Let's embrace the profound power of prayer and community at St. Andrew's together.

## **UPCOMING EVENTS**

#### JANUARY 28 - FEBRUARY 4, 2024

#### Hypothermia Prevention Week

Steve Koss | hypothermia@standrews.net

St Andrew's is hosting our annual Hypothermia Prevention Program from January 28th to February 4th. During this week, we will welcome approximately 40 homeless guests each night and provide them with food, fellowship, and shelter. There are many volunteer slots (found here: <a href="http://tiny.cc/Hypo24-Volunteer">http://tiny.cc/Hypo24-Volunteer</a>) that need to be filled in order to make this week a success.

We also have a need for donated items such as walking food, certain clothing, etc. (found here: <a href="http://tiny.cc/Hypo24-Donate">http://tiny.cc/Hypo24-Donate</a>). We are ready to receive donations now through January 28th by placing them on the brick ledge in the hallway across from the Office or in the Conference Room. Any questions please contact Steve Koss.

You can access both Sign-Up Genius pages by using either link. If on a desktop there is a separate tab for each sign-up at the top of the page. On mobile there is a dropdown at the top to choose which page you want.

# **UPCOMING EVENTS**

#### **FEBRUARY 2, 2024**

#### Men's Fellowship - Hypothermia Prevention Dinner Hosts

Jim Kirkpatrick | mensfellowship@standrews.net

Men's Fellowship will again support St. Andrew's Hypothermia Prevention Week activities by providing the evening meal on February 2nd, and volunteers are needed to bring food, be servers, and help with clean-up. We provide the main dishes while the drinks and desserts will be provided by others.

Hot BBQ sandwiches have been a popular main dish so we'll repeat last year's menu. We need at least 4 crock pots of your favorite BBQ recipe. It can be pork, beef, or chicken, but we must have at least one non-pork selection so as to accommodate everyone.

Here's the menu - we need volunteers to bring the following:

- BBQ 4 crock pots (already cooked and ready to serve)
- Buns 8 packs of 8 each
- Macaroni and Cheese enough for 35
- Cole Slaw enough for 35
- Baked Beans 4 large cans
- Fruit Cups 30-35 individual cups

Jim Kirkpatrick is the lead on this, and will coordinate who's bringing what. Please contact him if you can help serve or bring a food item, or both.

The meal will be served between 6:00 - 6:30 p.m., so please plan to be at the church no later than 5:30 p.m.

## **FEBRUARY 4, 2024**

#### **Scout Sunday**

Woody Browne | scouts@standrews.net

Join us for Scout Sunday on February 4th. We encourage all scouts (youth and leaders) to wear their uniforms and be recognized during our 10:00 a.m. service. Contact Woody if you would like to learn more and/or participate.

#### FEBRUARY 4 & 11, 2024

#### Youth and Adult Preparation for Confirmation, Reception, Reaffirmation, and Baptism

The Rev. Will Packard | will@standrews.net

Parents and students, in 7th grade and above, please plan to attend an interest session on February 4th at 1:00 p.m. for youth interested in making an adult affirmation of faith. This interest session will be in person or on Zoom at this link. This course and formation period, between February 11th and mid-May, will prepare youth for Confirmation at the next bishop's visitation.

Adults will begin class on February 11th. If you are interested in deepening your faith, would like to prepare for Adult Confirmation, Reaffirmation, or Reception into the Episcopal Church, or are curious, please plan on arriving at 2:00 p.m. (after the Annual Meeting) on February 11th in the Conference Room. Please email Father Will with any questions.

#### **FEBRUARY 7, 2024**

#### Sacred Ground

Janet Rife and Doug Wood | sacredground@standrews.net

Please consider joining St. Andrew's Spring 2024 Sacred Ground discussion group. Sacred Ground is an 11-part film- and readings-based dialogue series on race, grounded in faith and developed by the Episcopal Church. We believe this is an extremely important way to come together in the spirit of building Beloved Community.

The discussion group, which is lay-facilitated, is planning to meet for two hours in the evening, every other Wednesday (most likely by Zoom), beginning February 7th. For more information please contact the co-facilitators: Janet Rife or Doug Wood. You can also learn more by visiting online at <a href="https://www.episcopalchurch.org/sacred-ground">https://www.episcopalchurch.org/sacred-ground</a>.

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# **UPCOMING EVENTS**

#### **FEBRUARY 11, 2024**

#### **Annual Meeting**

Emily Nein | emily@standrews.net

Mark your calendars for Sunday, February 11th for our Annual Meeting, set to begin shortly after the 10:00 a.m. service. The meeting will take place in the Nave so those at home will be able to join us via YouTube and Zoom. We invite all parishioners of St. Andrew's to attend this meeting to hear about the status of the church, to go over our financials (and answer any questions), and to vote for our new Vestry members. We will meet in the Nave so those from home can participate/watch. The Annual Report and the Vestry Nominees will be sent out soon. Please review them before the meeting.

### **FEBRUARY 14, 2024**

#### **Ash Wednesday Services**

Emily Nein | emily@standrews.net

Lent comes early this year with Ash Wednesday on February 14th. We will have two full services with ashes and communion at 9:30 a.m. and the second at 7:00 p.m. We will also have a short service at 12:30 p.m. geared towards preschool age children.

#### **FEBRUARY 18, 2024**

#### **Under 3 Playgroup**

Katie Campbell | playgroup@standrews.net

Join us on Sunday, February 18th from 3:30-5:00 p.m. in the Parish Hall for our next young family fellowship time! We will have snacks and a variety of toys for the kids to play with while parents socialize and connect. Older children are also welcome, but we have scheduled the event to give younger children a chance to nap after church. Don't miss out on this opportunity to meet other families and grow our community!

#### **FEBRUARY 22, 2024**

#### Women's Fellowship: Coffee Chat

Karen Hilber | womensfellowship@standrews.net

Join us for a Coffee Chat at West Springfield Panera on Thursday, February 22nd at 9:30 a.m. Come in from the cold and enjoy a hot beverage and warm conversation! See you there!

## **FEBRUARY 25, 2024**

#### **Lenten Choral Evensong**

Gabe Simerson | gabe@standrews.net

The glorious evensong tradition returns along with the St. Andrew's Choir, but this time with music that reminds us that there are many complex flavors to our church calendar and to our music history. Lent is not necessarily sad, but it is introspective; in a world when most evensongs are festal and loud, join us for a night to "read, mark, learn, and inwardly digest," the choir leading us in prayer. Join us on Sunday, February 25th at 5:00 p.m. in the Nave for our next Evensong service.

#### LECTIONARY READINGS

(www.lectionarypage.net)

#### **FEBRUARY 4, 2024**

5th Sunday after the Epiphany Isaiah 40:21-31 Psalm 147:1-12, 21c 1 Corinthians 9:16-23 Mark 1:29-39

#### **FEBRUARY 11, 2024**

#### Last Sunday after the Epiphany

2 Kings 2:1-12 Psalm 50:1-6 2 Corinthians 4:3-6 Mark 9:2-9

#### **FEBRUARY 14, 2024**

Ash Wednesday Isaiah 58:1-12 Psalm 103 2 Corinthians 5:20b-6:10 Matthew 6:1-6,16-21

#### **FEBRUARY 18, 2024**

1st Sunday in Lent Genesis 9:8-17 Psalm 25:1-9 1 Peter 3:18-22 Mark 1:9-15

#### **FEBRUARY 25, 2024**

2nd Sunday in Lent

Genesis 17:1-7, 15-16 Psalm 22:22-30 Romans 4:13-25 Mark 8:31-38

# **FEBRUARY BIRTHDAYS**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Whitney Wiedeman	2 GROUNDHOG DAY	3
4 Amy Gallant	5 Sean Hartig	6 Avi Kuechler Steven Puryear	7	8	9 Megan Steele Lauren Baker	10 William Haskins
11 Grace Hellier	12 Donna Osthaus Brady Dasher Lily Sabo	13 Lula Carpenter	14 ASH WEDNESDAY Rosemary Phillips	15 Karan Wright Andrew Guccione	16	17 Kimberly Shriner
18	19 PRESIDENTS' DAY Tom Watson	20 Jamie Vance Luke Puryear	21 Nicholas Chrosniak	22 John Dunham	23 Doug Kelly Noelle Koss Madison McWilliams Cole Watson	24
25 John Carver Rich Roerig Camden Baird Benjamin Trenner	26	27 Austin Parrott Lauren Bidwell	28	29		

Don't see your name on your birthday? Let us know!

Contact Emily (emily@standrews.net) and we'll get you added to the list.

# **DIRECTORY**

## Clergy & Staff

The Rev. Will Packard | Rector will@standrews.net

Michelle Ramsdell | Parish Administrator michelle@standrews.net

Emily Nein | Communications Director emily@standrews.net

Amy Tibbetts | Director of Family Ministry amy@standrews.net

Gabe Simerson | Director of Music & Organist gabe@standrews.net

Tami Phillips | Preschool Director preschool@standrews.net

Carlos Guzman | Sexton sexton@standrews.net

## 2023 Vestry

Jewell Gould | Senior Warden srwarden@standrews.net

Sarah Akins | Register register@standrews.net

Pam Rozelsky & Pete Kirkham | Co-Treasurers treasurer@standrews.net

Sarah Akins & Lori Foster | Fellowship fellowship@standrews.net

Brian Chatman & Sarah Gregory | Formation formation@standrews.net

Paul Foley & Woody Browne | Outreach outreach@standrews.net

Anne Brannam & Jeff Reba | Stewardship stewardship@standrews.net

Laura Sabo & Karan Wright | Welcome & Worship welcome@standrews.net & worship@standrews.net

