



# The Net

The Monthly Newsletter of  
St. Andrew's Episcopal Church  
Burke, Virginia



RECTOR  
THE REV. WILL PACKARD  
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Dear Friends in Christ,

"Those are first-world problems..." I often hear and have even said this about my own concerns, which cause me distress but are nothing compared to those suffering far worse. This type of thinking extends to our plowing through grief and perhaps even enabling us to continue through grief. "There are people much worse off than me." While this may be true, this fact does not diminish our own earthly experience, especially any deterioration of spiritual health.

I acknowledge, practicing what you preach is not always easy. One of the facets of prayer I preach is to offer to God what you need and even want. Praying for self may be difficult and seem even selfish, especially coming from our independent upbringing. I often hear responses such as, "There are many people who need answered prayers more than me" or "It feels selfish to pray for myself." Secretly, many of these inhibitions may mask our greater fear; that God will not answer the prayer.

When we hear the stories of those who really struggle, such as Jairus and his daughter or the woman who suffered from hemorrhages for 12 years in Mark chapter 5. Almost all of us, at one point, have been in that position of desperation, kneeling at the feet of Jesus and praying for a miracle. When we find ourselves at this point, you may find even the most ardent unbelievers asking for God's help.

We also find ourselves seeking those daily needs which we may not pray for until our desperation builds. The chronic pain we experience, worries about our children, feelings of loneliness, experience of imposter syndrome, and you can name your own here. The excuses we may name to avoid those prayers may be a result of clever forces outside of God seeking to keep you from that relationship. There is not much that God has not heard and there is nothing that God cannot handle. In having a God that understands what it is to be human, we find a God that will understand

your prayers more than we might think.

What about our fears in offering the prayers? God may not answer and often does not answer prayers in the way we desire, because we are not God. The healing may take a very different form. Know this, that all prayers are heard and answered. We discover we are changed in prayer and that God resides with those who are especially in need. God resides too with the mundane. Let us not sell God short in limiting what is possible to human machinations and thought.

This prayer is to a God who offers grace to the needy and hope to the hopeless. Try offering the prayer for the traffic to subside. Try prayer for your child to heal. Try praying for the doctor to call. In so doing, we enter the relationship with God that we find always was and always is. This is not selfish but a response to a God who desired us to speak, "for your Father knows what you need before you ask him" (Matthew 6:8) in God's desire for us to "pray without ceasing" (1 Thessalonians 5:17).

Listen for God asking, waiting, listening for your voice which desires nothing more than us in fullness of love.

Faithfully yours,

# VESTRY NEWS

## Worship Services

Wednesday @ 9:30 AM  
Saturday @ 6:00 PM  
Sunday @ 8:00 & 10:00 AM

## Bible Study

Wednesday @ 10:30 AM  
Sunday @ 9:00 AM

## Choir Rehearsal

Thursday @ 5:00 PM (Youth)  
Thursday @ 7:00 PM (Adult)

## AA Meetings

Tuesday @ 7:00 PM  
Friday @ 8:00 PM

## ESOL

Tuesday @ 9:30 AM

## Office Hours

Monday 9 - 4  
Tuesday 9 - 4  
Wednesday 9 - 4  
Thursday 9 - 4

## Net Submissions

*If you have an article for the Monthly Net, please email it to Emily ([emily@standrews.net](mailto:emily@standrews.net)) no later than the 20th of the month. All submissions are subject to approval.*



SENIOR WARDEN  
**BRIAN CHATMAN**  
[srwarden@standrews.net](mailto:srwarden@standrews.net)

As we find ourselves navigating through a period of transition, it's important to reflect on the opportunities that change brings, even as we acknowledge the challenges that come with it. The recent departure of Amy and the upcoming transition with Gabe leaving soon mark significant changes for our community. We are immensely grateful for the contributions Amy and Gabe have made during their time here. We also look ahead with optimism, knowing that new beginnings often pave the way for exciting opportunities and growth.

Transition periods can be uncertain, but they also offer us the chance to reflect on what truly matters to our community. It may take time to find individuals who are the perfect fit for St. Andrew's, but we are confident that we will find these exceptional individuals who will contribute greatly to our mission and values. Let's embrace this time of change with openness and enthusiasm, as we eagerly anticipate the wonderful things that lie ahead.

### CELEBRATING RECENT EVENTS

Despite the perception that things slow down in the summer, St. Andrew's has been abuzz with activity and meaningful events:

**Successful Parish Picnic:** A heartfelt thank you to all the volunteers who made our parish picnic a joyful and memorable occasion. Your dedication and support are truly appreciated.

**Newcomers Wine and Cheese:** Our recent gathering was a delightful opportunity for fellowship and community building. Thank you to everyone who attended and contributed to its success.

**NARCAN Training:** The recent training session underscored our commitment to caring for our community's well-being. Your participation in such crucial initiatives is outstanding.

**Quarterly Commission Synch:** We value the engagement and contributions made during our recent meeting, where important decisions were discussed, and progress was made towards our goals. These synchs are an opportunity for all of our commissions to get together and plan for the next quarter. Our next commission synch is September 23rd.

**Workcamp:** The conclusion of this year's Workcamp was a powerful demonstration of service and solidarity. I loved hearing the stories from our youth volunteers who went about their experiences and the impact they've had.

### WELCOMING ANDIE HARDIN

As we transition, we look forward to welcoming Andie Hardin. She has stepped into an interim role to serve as our Interim Communications Minister for Children, Youth, and Families. Please join us in extending a warm welcome to Andie as she begins this new chapter with us at St. Andrew's. Your support and encouragement during this time of change are invaluable as we continue to strengthen our community.

### LOOKING AHEAD

In the midst of change, one thing remains constant: our shared commitment to faith, service, and fellowship at St. Andrew's. Thank you for your unwavering dedication and enthusiasm for our community. Together, we will navigate these transitions with grace and optimism, knowing that the best is yet to come.

# OUTREACH

## PB & J for ECHO

Andrea Hellier | [echo@standrews.net](mailto:echo@standrews.net)

Thank you for all the beans that were collected in June!

We will be collecting Peanut Butter and Jelly for July. With children home for the summer, there is a higher demand for lunch items. All donations can be dropped off at St. Andrew's for delivery to ECHO.

# ANNOUNCEMENTS

## What I Like About Shrine Mont

Betsy Cotten | [shrinemont@standrews.net](mailto:shrinemont@standrews.net)

Fellow St. Andrew's Parishioners,

The last few years I have visited Shrine Mont for the Parish Retreat - and I've had fun playing with friends and making new ones. The activities during the weekend are fun for all ages. The services that we have there are always fun and improve my relationship with God. There is always something to do whether playing with friends or playing games. Shrine Mont helps me relax and improve my knowledge of God. My favorite part is when we break out into groups and I spend time with the other youth. I asked my siblings their favorite parts of Shrine Mont - Teddy's favorite part is hiking and staying in cabins with other

families/friends; John loves the food - especially the buns, pancakes, and sausage; and Vivian loves the singing, dancing, and bingo. I love the hikes too and everyone I have asked has loved it and wants to go back, including me. I'm going again this year, and I can't wait to see you there!

- Raelyn Chatman (11 years old)

Go to here to register: <http://tiny.cc/ShrineMont2024>.  
Registration closes July 15th

## Send Us your Summer Photos!

Emily Nein | [emily@standrews.net](mailto:emily@standrews.net)

Email photos of adventures or summer activities (or resting) to Emily and we will share them on our bulletin board here at church. It will be fun to see what adventures people take and it is a reminder that wherever you go in the world, you are part of the body of Christ and part of St. Andrew's.

Check out the bulletin board across from the Conference Room to see where people have been already this summer.

## Prayer List

John Carver  
Nancy  
Andrea  
Tony Durso  
Don & Marlene Taggart  
Eve Albanese  
Sally Heyer  
Claudia Dugan  
Alice Roerig  
Ed Zaptin  
Larry Packard  
Rich Roerig  
D'Arcy  
Ron Mason

Helen DuVal  
Ellen Gleason  
Peggy Fink  
Bill Hartig  
Olivia  
Felix  
Gayle Brooks  
Eddie Fortune  
Michelle  
Mike  
Angela Kennedy  
Bishop Carl Wright  
Bishop Shannon Johnston  
Francisco  
Elaine Askew  
Sylvia J.  
Bill Armour

Marcia & Jim Compton  
Wally Morgan  
Benn Crandall  
Gary Nash  
Cathy Withers  
Dom Grady  
Amber Almonte  
Mike de Cardona  
Lorinda Quinlivan  
Eric  
Craig D.  
Kevin Linehan  
Verona Grady  
Dan Dellapenta  
James  
Norman Procobe  
JoVanna Tawney  
Darlene  
Roslyn

Brice  
Gabriel  
Patrick  
Samuel  
Philippa Pearce  
Rodolfo  
David Humphrey  
Doffie Cobb  
Kim Lyman  
Stephanie Sher  
Ada Richardson  
Patrick Payne  
Ro & Rob Africano  
Pat Bienlien  
Jim & Rita Maloney  
Kristal Vonier  
Jerry Reed  
Karen Brannam  
Scott Rife  
Patty Rolla

## Departed

Lily Basil (family friend of Lula Carpenter)  
Joe Lett (best friend of Steve Koss)  
Judy Crispell (mother of Tom Horan)  
Fayra Bonilla Rubi (student of Marietta Mason)  
Bette Williams (mother of Darren Williams)  
Steve Balint (neighbor of Chris Umberger)

# ANNOUNCEMENTS

## ENDOWMENT NEWS

Did you know that at the Vestry's request, the Endowment Board has approved the distribution of **\$50,000** to be used by the Vestry? These funds come from the capital gains of the Endowment Fund Investments. The gains within the Endowment Fund may either be from endowments designated for a specific purpose or undesignated endowment funds that may be used at the discretion of the Vestry. All endowment funds are merged for investment purposes but the funds from designated endowments are limited to the purposes specified in the original gift. Each year our parish and its programs benefit from the generosity of those who have given either to the Endowment Fund or have given a named endowment. These funds make a difference!

Pat Conrad | [endowment@standrews.net](mailto:endowment@standrews.net)

## General Convention Update from Episcopal News Service

[Episcopal News Service – Louisville, Kentucky] The triennial Episcopal family reunion, worship extravaganza and legislative session that is General Convention was back in full force during its meeting here after the pandemic had pared down the previous gathering.

This year's June 20-28 convention, six legislative days that began June 23 with three days of events before, was shorter than most past conventions, where legislative sessions typically spanned eight days or longer.

[Read more...](#)

## Childcare Help

David Limbaugh | [formation@standrews.net](mailto:formation@standrews.net)

Our Pre-K and Nursery class, which watch our youngest members from 10:00 a.m. to 12:15 p.m. on Sundays, needs helpers. We have a paid staff member, but for the safety of everyone, we need one helper with them throughout the morning. Teen volunteers (14+) can earn service hours for their work.

We are now on our Summer schedule: class ends once the 10:00 a.m. service is over. Click here to volunteer: <http://tiny.cc/babywatch-sum24>.

## Popsicles on the Playground

Emily Nein | [emily@standrews.net](mailto:emily@standrews.net)

Join us for a sweet treat on the playground after the 10:00 a.m. services this summer. Every week we will meet outside on the Playground (or in the MPR if raining) for a chance for kids to get their wiggles out and for adults to hang out.

If you would like to help lead one of these events, you can sign up here: <http://tiny.cc/popsicles24>. All that is required is for you to grab the popsicles from the kitchen freezer, get a trash can and a pair of scissors, and head out to the playground.

# UPCOMING EVENTS

## JULY 13, 2024

### Ordination of Deacons

God willing, the Rt. Rev. Gayle E. Harris, Assistant Bishop of Virginia, will ordain Rebecca Casey, Caroline Mitchell, and Reginald Hayes to the Sacred Order of Deacons on Saturday, July 13th at 10:30 a.m. at St. Andrew's. The Bishops and the Standing Committee invite your prayers and presence, in person or via the parish's [livestream](#).

# UPCOMING EVENTS

## JULY 18, 2024

### Women's Fellowship: Coffee Chat

Karen Hilber | [womensfellowship@standrews.net](mailto:womensfellowship@standrews.net)

Welcome to summer! With the busy month of June coming to a close, we will be resuming our monthly coffee chats. Join us at the West Springfield Panera on Thursday, July 18th at 9:30 a.m. Catch up with your St. Andrew's friends, and make some new ones, too! If the weather's nice, we can sit outside. And if it's hot, we can cool off inside. All are welcome!

## JULY 21, 2024

### Summer Pick-up Choir

Gabe Simerson | [gabe@standrews.net](mailto:gabe@standrews.net)

Have you thought about joining the choir, but didn't want to dive right in without knowing what it might be like? On our summer Pickup Choir Sundays, you can try it out with no strings (or vestments) attached! On the following dates—July 21st, and August 18th—we'll meet at 9:00 a.m. by the organ and learn a simple anthem to sing in that morning's service. Anyone with a basic ability to read music and a song in their heart is welcome, and the only commitment involved is to have fun joining your peers in song.



## JULY 21, 2024

### Visit from Denise Vargas, El Hogar

Sarah Akins & Laura Sabo | [outreach@standrews.net](mailto:outreach@standrews.net)

On July 21st St. Andrew's will host a special guest, Denise Vargas, Executive Director of El Hogar in Tegucigalpa, Honduras. A part of St. Andrew's international outreach, El Hogar Ministries provides food, housing, and education in a Christian environment for impoverished children and youth. The goal is to break the cycle of poverty and empower children to meet their potential.

Our parish has had a long and productive relationship with El Hogar, sending immersion teams and providing financial donations. This is an opportunity to understand the great work going on in Honduras. Denise will deliver a sermon at both 8:00 a.m. and 10:00 a.m. services followed by a presentation and Q&A at the Adult Forum. Mark your calendar to meet Denise, enjoy some Honduran coffee, and get the latest news from El Hogar.

## LECTIONARY READINGS ([www.lectionarypage.net](http://www.lectionarypage.net))

### JULY 7, 2024

7th Sunday after Pentecost

Ezekiel 2:1-5

Psalm 123

2 Corinthians 12:2-10

Mark 6:1-13

### JULY 14, 2024

8th Sunday after Pentecost

Amos 7:7-15

Psalm 85:8-13

Ephesians 1:3-14

Mark 6:14-29

### JULY 21, 2024

8th Sunday after Pentecost

Jeremiah 23:1-6

Psalm 23

Ephesians 2:11-22

Mark 6:30-34, 53-56

### JULY 28, 2024

10th Sunday after Pentecost


2 Kings 4:42-44

Psalm 145:10-19

Ephesians 3:14-21

John 6:1-21

# JULY BIRTHDAYS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Bo Zagurski	3 Andrew Haskins Natalie Regan	4 INDEPENDENCE DAY 	5	6 Vinnie Zagurski Cathy Sears Christopher Lillard Mike Brant
7	8 Todd Brannam Emily Sertich	9	10	11	12	13 Quinny Hawkins
14	15 William Hellier	16	17 Su Pankow Susan Scott Elena Rhoads	18 Kevin Rozelsky	19 Ashleigh Haskins	20 Shirley Dunham Pete Kirkham
21 Alex Brannam	22 Jeff Nein Karen Spencer Lorelai Scribner	23 John Locke	24 Margaret Jones	25 Paige Packard	26 Mark Albanese Pam Hardin Benjamin Mattalino	27 Elliot Lillard
28	29	30 Steve Frazier Alyssa Rollo Laythrop Krasnoselsky	31 Sean Stuck Ian Shriner Henry Hinton			

*Don't see your name on your birthday? Let us know!  
Contact Emily ([emily@standrews.net](mailto:emily@standrews.net)) and we'll get you added to the list.*

# DIRECTORY

## Clergy & Staff

**The Rev. Will Packard** | Rector  
[will@standrews.net](mailto:will@standrews.net)

**Michelle Ramsdell** | Parish Administrator  
[michelle@standrews.net](mailto:michelle@standrews.net)

**Emily Nein** | Communications Director  
[emily@standrews.net](mailto:emily@standrews.net)

**Gabe Simerson** | Director of Music & Organist  
[gabe@standrews.net](mailto:gabe@standrews.net)

**Andie Hardin** | Interim Communication Minister for  
Children, Youth, & Families  
[andie@standrews.net](mailto:andie@standrews.net)

**Tami Phillips** | Preschool Director  
[preschool@standrews.net](mailto:preschool@standrews.net)

**Carlos Guzman** | Sexton  
[sexton@standrews.net](mailto:sexton@standrews.net)

## 2024 Vestry

**Brian Chatman** | Senior Warden  
[srwarden@standrews.net](mailto:srwarden@standrews.net)

**Jeff Reba** | Junior Warden  
[jrwarden@standrews.net](mailto:jrwarden@standrews.net)

**Sarah Akins** | Register  
[register@standrews.net](mailto:register@standrews.net)

**Anne Brannam** | Treasurers  
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**Lori Foster** | Fellowship  
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**David Limbaugh** | Formation  
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**Sarah Akins & Laura Sabo** | Outreach  
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**Carol Robinson** | Safety & Security  
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**Anne Brannam & Paul Foley** | Stewardship  
[stewardship@standrews.net](mailto:stewardship@standrews.net)

**Katie Campbell & Pam Hardin** | Welcome  
[welcome@standrews.net](mailto:welcome@standrews.net)

**Dave Umberger** | Worship  
[worship@standrews.net](mailto:worship@standrews.net)

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