



The Monthly Newsletter of St. Andrew's Episcopal Church Burke, Virginia



RECTOR
THE REV. WILL PACKARD
will@standrews.net

Dear Friends in Christ,

At St. Andrew's, we place emphasis on our Prayers of the People. We pray for all of the required components in this part

of our liturgy. We also go a bit deeper in some areas, and we offer opportunities for all of us to add our own prayers. Each week, we pray for our military, civil servants, firefighters, first responders, and for all who serve the common good. This prayer recognizes our ministry as Christians, which extends beyond the walls of our physical church and includes all who serve, regardless of motivation.

In prayer, we are all changed. In this specific prayer, we pray for a significant portion of our congregation. The character of St. Andrew's reflects this servant ministry mentality. We all promise to live into our Baptismal Covenant, which extends well beyond Sunday into our lives. It is also part of our Baptismal Covenant to have grateful hearts. On behalf of the Church, THANK YOU for your ministry. Thank you for your ministry here, in our nation, and in the world.

The demands of these professions and vocations are numerous, and I often have conversations regarding guilt for not being more present here. Yes, we gather in the name of Christ; however, we are Christians always and everywhere. You are a minister here when you volunteer, serve, bring food, and worship. You are also a minister when you serve our country, coach your kids' team, show hospitality, and work. Your ministry might not feel like preaching or teaching the doctrinal beliefs of our Church Tradition, but it does look like living into your Baptismal Covenant at all times.

The Church of today and the future calls for our ministry in and through the church and in the world. We have also long proclaimed that we are not only followers of Jesus Christ on Sunday but at all times and places. Especially as we approach Lent, how might we reflect upon our lives as a ministry? When we see our lives as parents, employees, grocery store shoppers, and more as disciples, we begin to enter a life of prayer. To pray "ceaselessly" is to recognize God in every facet of our lives.

Thanks to all of you for your ministry in the world. May you have a blessed and holy Lent.

Faithfully yours,



Worship Services

Wednesday @ 9:30 AM Saturday @ 6:00 PM Sunday @ 8:00 & 10:00 AM

Sunday @ 9:00 AM

Choir Rehearsal

Thursday @ 5:00 PM (Youth)

AA Meetings

Friday @ 8:00 PM

ESOL

Bible Study

Wednesday @ 10:30 AM

Thursday @ 7:00 PM (Adult)

Tuesday @ 7:00 PM

Tuesday @ 9:30 AM

VESTRY NEWS



SENIOR WARDEN JEFF REBA

srwarden@standrews.net

I am deeply honored to serve as your Senior Warden this year and humbled by the trust placed in me. I look

forward to working together to support the wonderful ministries and programs that make St. Andrew's so special.

I want to extend my heartfelt gratitude to our departing Vestry members—Brian Chatman, Sarah Akins, and Dave Umberger. Your dedication, leadership, and unwavering commitment over the past three years have left a lasting impact on our church. We are truly grateful for the time, energy, and prayerful guidance you have given.

At the same time, I am delighted to welcome our newest Vestry members—Stephanie Meadows, Kate Lewis, Karen Spencer, and Bill Johnson. Thank you for stepping forward to serve in this vital role. Your willingness to share your time, talents, and faith is a blessing to us all.

Last weekend, we completed our Vestry transition during our annual retreat at the Roslyn Retreat and Conference Center in Richmond. Together, we prayed, reflected on the role of Vestry leadership, worked on our annual planning calendar, and set priorities for the year—all with a focus on spiritual leadership.

Our key priorities for the coming year include:

- Improving communications, beginning with the rollout of Realm Connect.
- Supporting Mtr. Maria in furthering our ministries for children, youth, and families.
- Making a decision on our land use options.
- Developing a 3-5 year facilities plan to align our maintenance and repair needs with budget planning.

St. Andrew's is blessed with an incredible group of volunteers, and we are grateful for all who give their time and energy to sustain our worship, ministries, and programs. However, we always need more hands and hearts! With your help, we can strengthen existing offerings and create new opportunities for worship, formation, outreach, and fellowship.

I am excited about the journey ahead and welcome your guidance, prayers, and participation as we move forward together. If you have any questions, ideas, or even just need a listening ear, please don't hesitate to reach out to me.

DID YOU KNOW?

Office Hours

9 - 4 Monday 9 - 4 Tuesday Wednesday 9 - 4 Thursday

Net Submissions

If you have an article for the Monthly Net, please email it to Emily (emily@standrews.net) no later than the 20th of the month. All submissions are subject to approval.

Weekly Readings

Did you know that in the Episcopal Church, we do not choose what lessons we read each week? We use what is called the Revised Common Lectionary, which has all of the lessons planned out in a three-year cycle (A, B, & C).

"A lectionary is a table of readings from Scripture appointed to be read at public worship. The Lectionary (1969, revised 1981) developed by the Roman Catholic Church after Vatican II provided for a three-year cycle of Sunday readings. This Roman lectionary provided the basis for the lectionary in 1979 edition of The Book of Common Prayer, as well as for lectionaries developed by many other denominations.

The Common Lectionary, published in 1983, was an ecumenical project of several American and Canadian denominations, developed out of a concern for the unity of the church and a desire for a common experience of Scripture. It was intended as a harmonization of the many different denominational approaches to the three-year lectionary.

The Revised Common Lectionary, published in 1992 and officially adopted by The Episcopal Church in 2006, takes into account constructive criticism of Common Lectionary based on the evaluation of its trial use, and as the current prayerbook lectionary, is a three-year cycle of Sunday Eucharistic readings in which Matthew, Mark, and Luke are read in successive years with some material from John read in each year."

The Episcopal Church.org

CHILDREN, YOUTH, & FAMILIES



ASSOCIATE RECTOR FOR CHILDREN, YOUTH, & FAMILIES THE REV. MARIA MAGUIRE

maria@standrews.net

Dear Children, Youth, and Parents of St. Andrew's,

Lent is one of my favorite seasons of the Christian year. I know that may

sound strange to some. Why would I look forward to feeling sad about confessing all the ways I have messed up?

While Lent may be a somber season, it is a chance for a fresh start. As we dive into this forty-day observance, we join with one another and Christians around the world in looking at the ways in our lives we have strayed from the Good Life that God intends for us. We confess our wrongdoing, and we receive the grace and comfort of God's forgiveness and never-ending love.

In our Sunday morning confession, we say sorry to God and we ask for this forgiveness. Addressing God, we ask that "we may delight in your will, and walk in your ways, to the glory of your Name." It is in the confessing that God gives us a chance for new life—a better life, a closer walk with Jesus.

Lent is a great time to teach children to self-examine in the presence of God with the assurance of grace and mercy. Spiritual practices that families adopt or encourage between Sundays can serve as little reminders throughout the week of their connection with, and reliance upon, God. Consider what you and your family might do to observe a holy Lent. It can be as simple as a special prayer before meals, or saying thank you, God, upon waking each day, and taking a deep breath.

Ask your child what discipline they would like to take on, either giving something up or doing something new, to remind them of the daily presence of Jesus, beside them in the wilderness. There are a variety of ways for children and youth to come together at St. Andrew's in the month of March to begin a holy Lenten observance. Please read on for more information.

A special note to federal worker families: we know that many of you are already feeling cast into a wilderness of uncertainty and angst. Please know that we are here for you. Fr Will and I pray noonday prayer each day, and you are in our prayers every time. God loves you and is with you. Jesus walks beside you, even if you can't feel his presence. You are awesome and appreciated. Fr. Will and I are here for pastoral conversation and prayer, so please do not hesitate to e-mail, call, or reach out for a time to chat in person.

Peace, Mtr Maria

Prayer List

Tony Durso Don & Marlene Taggart Eve Albanese Sally Heyer Claudia Dugan Larry Packard Rich Roerig D'Arcy Ron Mason Susan Scott Barbara Klix Julie Morgan Andrea Hellier Jeff Dutton Sarah Lillard Karen Steele Gary Nash

Laura Sabo
Richard Sellers
Andie Hardin
Mary Richardson
Dj Cortés-Gunning
Carol Robinson
Bill Hartig
Olivia
Felix
Eddie Fortune
Bishop Shannon Johnston
Elaine Askew
Bill Armour
Wally Morgan
Benn Crandall

Cathy Withers

Fric Kevin Linehan Dan Dellapenta James Brice P. **Patrick** Samuel Phillipa David Humphrey Doffie Crabb Ro & Rob Africano Karen Brannam Jacqueline Turner Frank Winfield Cari Gulley Jean Gulley

Mike de Cardona

Cathy Hannah Ake Patsy High **Bob Turner** Annie Hughes Millie Nash Irma Carol Payne Frank Traglia Athalee Williams Jack Williams Donna Fortune Ellie Davis Ed Frey Sarah Waite Jan Wouters Sherry Kinny

Departed

Mary Virginia Ellis (friend of Chris Umberger)

Gayle Mansfield Brooks (cousin of Sandy Mansfield)

Tom Stalzer (neighbor of Marlies Durso)

Jane Gallatin (aunt of Jennifer Koerner)

St. Andrew's Episcopal Church

Dustin Parson-Schwartz

ENDOWMENT NEWS

On **Sunday, March 16th**, following the ten o'clock service, the Endowment Committee will give a presentation on the role of the committee and how the endowments enhance the life of this parish. Learn about how the endowment money is distributed, named endowments, and ways to contribute to Memorial and Thanksgiving Endowment Funds. Please join us to learn more about the Endowment Fund.

Pat Conrad | endowment@standrews.net

ANNOUNCEMENTS

A New Way to Stay Connected at St. Andrew's

Sarah Akins | realm@standrews.net

Ever wished you could keep up with church events, share your volunteer availability, share group updates, or manage giving...all in one place? Realm Connect is here to make that wish come true! This powerful platform lets you post messages, RSVP to events, manage your privacy settings, share your availability, and even share photos with your group. Realm will simplify how all of us stay connected to one another and the important work we do here at St. Andrew's.



Here's what you need to know about Realm Connect's security features:

- 1. You have complete control over who can see your contact and personal information.
- 2. Contact information is never public or searchable on the Internet. Any information you elect to make visible to your church family is always protected behind a two-factor login.
- 3. For safety reasons, sharing contact and personal information for children under 18 is limited. Parents determine whether or not to display their child's name in the church directory.

By default, your contact and personal information is visible only to members of your groups, group leaders, and staff members.

You can customize privacy settings to control how much information is shared. For more details, feel free to check out our privacy statement video: Watch the Video.

Training sessions are on the horizon for those who have volunteer slots to fill, so stay tuned as we learn how to cast our nets wide with this exciting tool. Questions? Drop us a line at realm@standrews.net.

And, as a bonus, if you like the New York Times' Connections game, try this one out: https://connections.swellgarfo.com/game/-OlwH3mmCv0eXaFnD06U.

Lent Madness

Emily Nein | emily@standrews.net

Lent Madness began in 2010 as the brainchild of an Episcopal priest. This Lenten devotional seeks to engage parishioners in a fun way as they learn about the men and women comprising the Church's Calendar of Saints.

The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket - aka "the saintly smackdown". Each pairing remains open for a set period of time and people vote for their favorite saint. 16 saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo.



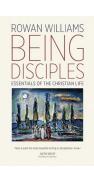
The first round consists of reading some basic biographical information about each of the 32 saints and then you vote the way the spirit moves you. Things get a bit more interesting in the subsequent rounds as celebrity bloggers add more interesting material into the mix.

If you'd like to play along, the website for this is www.lentmadness.org. You can print a match-up bracket straight off the Lent Madness website, or we have some copies available on the bulletin board by the Parish Office. The first saintly face off begins on March 6th.

Wednesday Morning Bible Study: Being Disciples

Anne Alexis Harra | aharra@vts.edu

You are warmly invited to join us for study and fellowship on Wednesday mornings at 10:30 a.m. beginning NEXT WEDNESDAY, March 5th to April 9th for a Lenten book study. We will be reading and meditating on former Archbishop Rowan Williams' book Being Disciples. Each week we will read one chapter and reflect in group discussion. One chapter per week for six weeks! We will be discussing Chapter 1 during our first gathering on Wednesday, so you are strongly encouraged to read that chapter in advance of our first gathering. Please contact our Seminarian, Anne Alexis Harra, for more information or if you have any questions. You can buy the book here. We look forward to praying and reading together this Lent!



Shrine Mont Summer Camps

Registration for the 2025 camp season is now open! Save a spot for the camper in your life to experience this transformative program. Register here: https://www.shrinemontcamps.org.



Triangle of Hope Youth Pilgrimage

The Triangle of Hope is a covenantal community between the dioceses of Liverpool (England), Kumasi (Ghana), and Virginia dedicated to transforming the long history, ongoing effects, and continuing presence of slavery in our world through repentance, reconciliation, and mission.

Participants will prepare together through worship, prayer, study, and retreats, then travel together as pilgrims to one of the three partner dioceses each summer for three summers. It is desired, but not required, that participants be present for all three years so they may travel to each of the three dioceses in the Triangle of Hope.



Ideal candidates are in 8th through 9th grade the year they apply which would enable them to finish all three pilgrimages by the summer after their senior year of high school. 10th through 12th graders will be considered. More info here: https://episcopalvirginia.org/ministries/justice-healing/triangle

Middle School Retreat to Shrine Mont

The Rev. Maria Maguire | maria@standrews.net

Youth in grades 6th through 8th are invited to join other Episcopal youth throughout the Diocese of Virginia (most of whom go to middle school in 6th grade) for an incredible, Spirit-filled weekend at Shrine Mont on **March 21st through 23rd**. A St. Andrew's registration will be available starting tomorrow.

OUTREACH

News from ECHO

Andrea Hellier | echo@standrews.net

In a recent email from ECHO, Jane Curtis, Outreach Chair shared the following:

Dear Members and Friends of ECHO,

ECHO continues to try to meet the needs of those in our community who grapple with financial stressors that temporarily overwhelm their ability to manage. Sometimes, people can use ECHO's offer of clothing and housewares on a long-term basis to make their low income go further. Sometimes, with temporary financial help for housing, utilities, or auto repairs, people return quickly to self-sufficiency and even become donors.

Since the 1960's ECHO has depended on our neighbors who generously donate so that we can aid our neighbors in need. Thank you for being good neighbors!

Gratefully,

Jane Curtis Outreach Chair

St. Andrew's Episcopal Church

March 2025 | 5

ECHO Donations

Andrea Hellier | echo@standrews.net

Items currently needed at ECHO:

- · Canned meats and fish
- Dried Beans
- · Bagged Rice
- Condiments like mayonnaise and ketchup
- Children's toothbrushes (almost always in short supply)

UPCOMING EVENTS

MARCH 3, 2025

Women's Fellowship: Dinner Out

Karen Hilber | womensfellowship@standrews.net

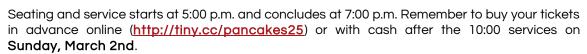
Come out for a fun evening with St. Andrew's friends on **Monday, March 3rd**, at 6:30 p.m. at Milano's Restaurant. Think of it as a pre-Mardi Gras celebration! RSVP to Karen to save your spot!

MARCH 4, 2025

Pancake Supper

Stacey Peters | workcamp@standrews.net

We invite you to a delicious pancake supper on **Tuesday, March 4th**. The youth of St. Andrew's, along with their parents and pancake-loving parishioners, will prepare and serve the meal. All proceeds will benefit youth activities.





Volunteers are needed! If you would like to help—and teens are strongly encouraged to help—you can sign up to do so online (http://tiny.cc/qwq9001).

Tickets are \$10/person, children 2 and under are free, and there is a \$40/family cap.

MARCH 5, 2025

Ash Wednesday Services

Emily Nein | emily@standrews.net

Our Ash Wednesday services will be held on **Wednesday**, **March 5th**, at 9:30 a.m. (HEII), 12:30 p.m. (Children's service), and 7:00 p.m. (HEII). Childcare is not available, but we encourage you to bring your whole family to the service.

MARCH 9, 2025

Adult Forum Series - From Shadows to Light: Exploring the 6 Questions in our Baptismal Service The Rev. Will Packard | will@standrews.net

There are six questions which preface our Baptismal Covenant. The first three ask us to renounce Satan and Evil and the final three ask us to turn towards Christ. What exactly are we renouncing? How do we turn towards Christ? We will take a look with such speakers as John Allan Knight, Ph.D., J.D., the Sprigg Visiting Professor of Philosophical Theology and Ethics and Director of Faculty Research at Virginia Theological Seminary. This formation series takes place during our forum hour time in the parish hall after the 10:00 a.m. service.

6 | March 2025

MARCH 9, 2025

Lenten Soup Supper Series

The Rev. Will Packard | will@standrews.net

Our Lent Soup Supper series is back! This year, we have a theme (other than tasty soup) entitled Testimonies of Faith. Please sign up to bring soups and other items here (http://tiny.cc/soup25). We will hear from parishioners about their experiences of faith and witness of God's grace in our lives. Inevitably, we will reflect upon our own lives and see God's grace and the presence of Jesus more clearly. We will be hearing from:

March 9 – Beth Behn

March 16 – Gene Girondo

March 23 – Youth of the parish

March 30 – Donna Osthaus

April 6 - TBD

Suppers will be held every Sunday night in Lent (March 9th through April 6th) from 5:00 to 7:00 p.m. in the Parish Hall.

MARCH 16, 2025

Easter Egg Donations Needed Early the Year

The Rev. Maria Maguire | maria@standrews.net

Wondering how you can support our youth community? Donate your Easter candy early! This year the youth of St. Andrew's will stuff Easter eggs at their March 16th EYC gathering. Support our youth as they take charge of this intergenerational event!

We are collecting candy from now until March 16th. Please, no candy containing nuts. Donations can be dropped off at the church office.

MARCH 20, 2025

Women's Fellowship: Coffee Chat

Karen Hilber | womensfellowship@standrews.net

Celebrate the first day of spring with St Andrew's friends at West Springfield Panera on **Thursday, March 20th** at 9:30 a.m. Have a tasty beverage and welcome in the new season!

MARCH 22, 2025

Altar Guild Brunch

Jane Girondo | altarguild@standrews.net

Ever wondered about the secret room behind the reredos [RER-ih-dos] (aka the large wooden screen behind the altar)? If so, you are a great candidate for Altar Guild. We invite you to brunch on **Saturday, March 22nd at 10:30 a.m. In** the Parish hall to learn more about this important ministry that prepares the altar for worship every week. RSVP to let us know you're coming!

MARCH 29, 2025

Women's Fellowship: Tour at the Workhouse Arts Center

Karen Hilber | womensfellowship@standrews.net

Celebrate Women's History Month with a tour of the Lucy Burns Museum at the Workhouse Arts Center in Lorton. Join us on **Saturday, March 29th**, and 11:00 a.m. for a free self-guided tour, and then lunch at Bunnyman Brewing Cafe onsite. A guided cellblock tour is optional for \$5, payable onsite. **RSVP by Monday, March 24th.**

LECTIONARY READINGS

(www.lectionarypage.net)

MARCH 2, 2025

Last Sunday after the Epiphany

Exodus 34:29-35 Psalm 99 2 Corinthians 3:12-4:2

Luke 9:28-43a

MARCH 9, 2025

1st Sunday in Lent

Deuteronomy 26:1-11 Psalm 91:1-2, 9-16 Romans 10:8b-13 Luke 4:1-13

MARCH 16, 2025

2nd Sunday in Lent Genesis 15:1-12,17-18 Psalm 27 Philippians 3:17-4:1 Luke 13:31-35

MARCH 23, 2025

3rd Sunday in Lent Exodus 3:1-15 Psalm 63:1-8 1 Corinthians 10:1-13 Luke 13:1-9

MARCH 30, 2025

4th Sunday in Lent Joshua 5:9-12 Psalm 32 2 Corinthians 5:16-21 Luke 15:1-3, 11b-32

MARCH BIRTHDAYS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Benjamin Lillard Michael Tune
2 Sean Koss Caeley Flanagan	3	4	5 ASH WEDNESDAY Amanda Williams Charlie Spencer Charlotte Petty	6	7 Lisa Williams Brigid Regan	8
9 Stephen Fike Carling Ramsdell Jackie Waddell	10 Timothy Brady Melissa Fike Ed Colliton	11 Debbie Brant	12	13 Brian Chatman	14 Chris Bidwell Alexa Arnott Emily Nein	15
16 Dave Peters Aimee Hernandez	17 ST. PATRICK'S DAY	18 Kate Lewis	19 Debby Braun Barb Hambrick	20 SPRING BEGINS Aurora Hanelly-Haack	21 Scott Hellier Chris Blahut Corwin Wiedeman Gus Hernandez Nathan Parsons- Schwarz	22
23	24	25 Haley Schaffer Trisha Heyer	26 Debbie Williams	27	28	29 Bob Gleason Corinne Lillard
30 Raelyn Chatman	31					

Don't see your name on your birthday? Let us know!

Contact Emily (emily@standrews.net) and we'll get you added to the list.

DIRECTORY

Clergy & Staff

The Rev. William L. Packard | Rector will@standrews.net

The Rev. Maria Maguire | Associate Rector maria@standrews.net

The Rev. Susie Harding | Deacon susie@standrews.net

Michelle Ramsdell | Parish Administrator michelle@standrews.net

Emily Nein | Communications Director emily@standrews.net

Dj Cortés-Gunning | Interim Director of Music dj@standrews.net

Tami Phillips | Preschool Director preschool@standrews.net

Carlos Guzman | Sexton sexton@standrews.net

2025 Vestry

Jeff Reba | Senior Warden srwarden@standrews.net

Anne Brannam | Junior Warden jrwarden@standrews.net

Laura Sabo | Register register@standrews.net

Dan Humphrey | Treasurer treasurer@standrews.net

Pam Hardin | Fellowship fellowship@standrews.net

Katie Campbell, Kate Lewis, & Laura Sabo Formation

formation@standrews.net

Paul Foley & Bill Johnson | Outreach outreach@standrews.net

Carol Robinson | Safety & Security safety@standrews.net

Stephanie Meadows | Stewardship stewardship@standrews.net

Kate Lewis & Karen Spencer | Welcome

welcome@standrews.net

Lori Foster | Worship worship@standrews.net

Christopher Lillard | Youth Rep

