



The Monthly Newsletter of St. Andrew's Episcopal Church Burke, Virginia



RECTOR
THE REV. WILL PACKARD
will@standrews.net

Dear Friends in Christ,

One component of the annual parish retreat is to bring the spiritual experience home. We do not leave all of the fruitful gifts of the Spirit on the mountain, but

come down as it continues to marinate. We are so grateful to have the retreat plenary sessions led by the Rev. Dr. Anne Gavin Ritchie on Holy Rest: Discovering the Sacred Within. Our children, led by Mother Maria, explored baptism with creativity and fun! For everyone, present at the retreat and for those who could not make it, we reflect upon the need for Holy Rest as part of our Baptismal Covenant.

The idea of busyness repeats to the point of hackneyed idea within our Northern Virginia culture. Yet, it is important to hear the radical reversal Jesus offers through the Gospels and especially in Luke. In a culture which places value on production over rest, on ability over blessedness, on work over rest, we encounter a Jesus. We "remember that when you leave this earth, you can take with you nothing that you have received," as stated by St. Francis, a 12th century friar, "only what you have given: a full heart, enriched by love, sacrifice and courage." To rest reflects biblical themes found in creation, the promised land, and even Jesus going off to pray (Mark 1:35; Luke 5:16; Mark 6:46-47; Matthew 14:23; Luke 6:12; Luke 9:18; Luke 9:28-29; Luke 11:1; Luke 22:39-44; John 17:1-26). If our Lord and Savior rested, perhaps we should take a look.

Why is rest so difficult? We encounter the difficulty in the pursuit of competing goods. It is not necessarily bad that we take our children to activities, that we volunteer on boards, clean our houses, work to provide sustenance, and more. Some mention a "balance" to life or the existence of "everything in moderation," a favorite phrase of us Episcopalians. When we do rest, we may encounter fear, grief, and even God. The encounter of God is "awesome" in the original biblical sense of the word. The pause causes us to trust which lies at the root of faith. We encounter our lack of control in a world we seek to control through our

busyness as we properly mitigate our sadness and control the level of satisfaction through the pursuit of happiness. "People may spend their whole lives climbing the ladder of success only to find, once," states Thomas Merton, "they reach the top, that the ladder is leaning against the wrong wall."

After reflecting upon what we might discover, it may not seem that appetizing. The appeal and allure of our own control, echoing the devil's temptation of Jesus in giving him anything he wants, provides a level of certainty. It is when we truly rest that we discover what we have received in Baptism, a grace that exceeds and the power (and energy) to live into God's deepest desire. We participate in the Divine Reversal found in Jesus Christ who does not simply add another book to the self-help section in work/ life balance, but a Christ whose grace upholds us as beloved creatures made in the image of God. Yes, we continue to work, to provide, and to participate in activities. We also find space for Holy Rest when we might step away and encounter the silence in which we may encounter God. We discover in those times not only our promise in Baptismal Covenant, but the eternal Covenant given to us through God, made manifest in the person of Jesus Christ, and promised to us as our eternal hope.

I look forward to seeing you throughout the month, as we celebrate the Feast of All Saints' and as we participate Holy Rest, taking time away from the busyness to participate in the celebration of the Holy Eucharist. A time when we not only acknowledge but participate in the very Real Presence of God in Christ, in the breaking of the bread, and in the prayers.

Faithfully yours,



#### Worship Services

Wednesday @ 9:30 AM Saturday @ 6:00 PM Sunday @ 8:00 & 10:00 AM

#### Formation

Sunday @ 11:30 AM

#### Bible Study

Sunday @ 9:00 AM Wednesday @ 10:30 AM

#### **Choir Rehearsal**

Thursday @ 7:00 PM (Adult)

#### AA Meetings

Tuesday @ 7:00 PM Friday @ 8:00 PM

#### **ESOL**

Tuesday @ 9:30 AM

#### Office Hours

Monday 9-4 Tuesday 9-4 Wednesday 9-4 Thursday 9-4

## **Net Submissions**

If you have an article for the Monthly Net, please email it to Emily (emily@standrews.net) no later than the 20th of the month. All submissions are subject to approval.

## **VESTRY NEWS**



SENIOR WARDEN JEFF REBA

srwarden@standrews.net

What a great weekend we had at the Shrine Mont retreat! It was such a joy to get away from it all for a few days,

engaging in wonderful sessions on Holy Rest, filling up on roast beef, fried chicken, pancakes, and a few thousand other calories, laughing our way through our attempts at square dancing, sharing fellowship, and celebrating the Eucharist outdoors at the beautiful Cathedral Shrine of the Transfiguration.

While the adults reflected on Holy Rest, Mtr. Maria led the children in their own program, With God's Help, where they explored the story of baptism and discovered the joy of belonging to God, to one another, and to our big family of faith.

It was truly a blessing to spend this time together as a parish community. I'm so grateful that we have this retreat each year. It reminds me how special our church community really is. If you've never attended, I hope you'll consider joining us next year. I know you'll have a wonderful time and wonder why you waited so long! A huge thank you to everyone who helped make it happen, especially Rebecca Umberger, Christine Kelly, Betsy Cotton, and Martha Turner. You made the weekend run so smoothly.

Despite the cancellation of our annual Oktoberfest, I want to thank Pam Hardin, our Fellowship Commission lead, for all the time and effort she put into planning the event. While it didn't work out this time, Pam is already

looking forward to organizing another opportunity for us to gather and celebrate in the months ahead!

Thanks to everyone who has turned in their 2026 pledges. If you have not yet had the chance to pledge, we invite you to do so either by submitting a pledge card or online. While you can pledge at any time, we encourage you to do so as soon as possible, as it will help the Vestry make budget decisions for the coming year.

When we think about the word "stewardship", we think of it as synonymous with pledging. While that is our focus for the next several weeks, stewardship is much more than that. It's also about contributing time and talents and volunteering for ministry and mission. Many of you have special talents that would benefit the church, and we'd love to have you share them with us, but giving your time is really the most important. Most of the volunteer opportunities in our ministries require no special talent, just a willingness to help. There are countless ways you can contribute, and all it takes is a small investment of your time.

Finally, thanks to Jr. Warden Anne Brannam for coordinating the contractors' work, and a big thank you to everyone for your patience and flexibility while we were out of the Nave for the ceiling repairs. Our prayers were answered as everything went smoothly and there were no additional problems or hidden surprises. I look forward to being back in the Nave for the celebration of All Saints Day!

## PRESCHOOL NEWS



PRESCHOOL DIRECTOR
TAMI PHILLIPS

preschool@standrews.net | (703) 455-8458

Fall brings so many opportunities to enjoy a variety of pumpkin treats! My new favorite is the Starbucks pumpkin cold brew

which was brought to my attention by a parent ordering at one of our parent coffees! It is also time to delight in the beautiful crisp outdoors. Another treat will be after-school programs! We will begin offering Lunch Bunches, Nature Explorers, and Enrichment.

Two fall events are just around the corner-Trunk or Treat and Stone Soup. It is always a favorite. I'm not sure who loves it more the parents or the children! We will also host a Stone Soup event in November.

Fall finds our students understanding their schedules and routines. They look comfortable and confident walking down the hallway. Our learners begin to notice what's around them and how different parts of our preschool work. They continue to ask great questions when they pass by my office. It's the best part of my day!

Our staff enjoys the work that we do. Our students are funny, smart, and curious. Now get outside and have some fall fun!

# **OUTREACH**

## Thanksgiving Baskets = Holiday Meal Fund

Andrea Hellier | outreach@standrews.net



Please consider donating to the Holiday Meal Fund. St. Andrew's has committed to providing gift cards for 20 ECHO families to purchase their Thanksgiving meal. We hope to have sufficient funds to provide Christmas Meals to 20 families. In 2024, St. Andrew's provided holiday meal gift cards for 20 families with 77 family members, all in the Burke/Springfield area. Please help us support our neighbors this holiday. The demands on ECHO are much areater than in recent years. Checks can be made out to St. Andrew's Episcopal Church with "Holiday Meal Fund" on the memo line.

## **ANNOUNCEMENTS**

#### Bible Study

Anne Alexis Harra | aharra@vts.edu

Are you pondering the role of evil in our world? Are you unsure how to think about evil theologically? You are in good company!

To help us frame our understanding of evil, we will talk about it using C.S. Lewis' The Great Divorce in conversation with Scripture and the Book of Common Prayer. We will meet on Sunday mornings at 9:00 a.m. in the Conference Room on November 9th, 16th, 30th, and December 7th & 14th.

Discussion guides will be available at each gathering. You can buy The Great Divorce here, or check it out from your local library. If acquiring the book is difficult, please contact Fr. Will or our seminarian, Anne Alexis Harra. All are warmly welcome and encouraged to join us. In advance of our first gathering on November 9, please read chapters 1-3.

## Necrology for the Commemoration of All the Faithful Departed

Emily Nein | emily@standrews.net

The Commemoration of all the faithful departed is observed on November 2nd in the Episcopal Church. We bring components of this commemoration to our Feast of All Saints' as we pray for those who have died in the past year and those specifically named. We invite you to send in names of those who have died this past year to be read during the service.

Prayer List

Tony Durso Don Taggart Marlene Taggart Eve Albanese Larry Packard Rich Roerig D'Arcy Ron Mason Susan Scott Barbara Klix Jeff Dutton Sarah Lillard Laura Sabo

Dave Lewis Kit Thompson Lauren Bowdren Scootie Prior David Nies Gene Girondo Dan Emrick Hezekiah Richardson Dani Bryan Daniel Leong Carl Jones Bill Hartig Olivia Felix Eddie Fortune

Bishop Shannon Johnston

Bill Armour

Eric Kevin Linehan James Phillipa **David Humphrey** Ro & Rob Africano Karen Brannam Carol Payne Donna Fortune Pam Mowry Paula Masterson Dennis Williams Tom & Beth C. Jane Hoge Georgiann McDaniel Peggy Nordin Marla Cook

Wally Morgan

Jane McDonald Janice Crosby Susan Henderson Janet Williams Nellie Moser Terri Bennett Bev Kraker Rodney Green Zayne Pape-White Stan Tchorz Eugene Robert Stead Bronwyn Alleman Nora Herrera Valerie Stevenson Ion Wise Chuck DeBellevue Mike Columbus Bob Vogel

Ronda Rouse

JoVanna Tawney Stewart Brian & Elyse DeWyngaert

Departed Andrea Corella (parishioner)

Boyd Steele (father of Joe Steele)

Dr. Mike Stoker (friend of Christine Kelly)

Beth Bell Bogusky (sister of Melinda Morgan)

Jim Golle (friend of Mark Foster)

Pat Maddy (step-mother of Rebecca Umberger)

Bob Woolfolk (former parishioner)

Cathy Withers (friend of Elaine Runkel, Julie Morgan, Michelle Ramsdell)

Elizabeth Pearce (friend of John and Donna Osthaus)

Mary Richardson

Cathy Harman

## **ENDOWMENT NEWS**

Did you know that, for purposes of estate taxation, there is no limitation on the size of a charitable gift that you may give to your church at the time of your death? No matter how large, the gift is deductible for estate tax purposes.

endowment@standrews.net

## **STEWARDSHIP**

### 2026 Stewardship Drive

Stephanie Meadows | stewardship@standrews.net

Thank you to everyone who turned in their pledge cards (in person and online) last weekend! Our goal for 2026 is \$825,000 and 175 pledges.

2026 pledges can be turned in at any time, but sooner is better as we use the pledges to plan next year's budget. You can also change your pledge if needed. Call or email the office if you have any questions about pledging to St. Andrew's. Blank pledge cards are available at the church. You can pledge via mail, in person, or online.

Phone: (703) 455-2500; Michelle Ramsdell (michelle@standrews.net).



## **UPCOMING EVENTS**

## OCTOBER 30, 2025

## Women's Fellowship: Coffee Chat

Karen Hilber | womensfellowship@standrews.net

That chill in the air means it's the perfect time to grab a cup of coffee and a pastry with your friends from St. Andrew's! Join us at the West Springfield Panera on Thursday, October 30th at 9:30 a.m. See you there!

## NOVEMBER 2, 2025

### **Candy Tithe**

Emily Nein | emily@standrews.net

On Sunday, November 2nd, we invite children to bring 1/10 of their Halloween candy to the church. We will invite them up to drop off their donations in our Candy Wagon (located in the Narthex). This is a fun practice and an opportunity to teach our children (and adults!) about stewardship.

The candy will go to our hard-working college-age parishioners. If you have 18-22 year old young adult in your family who would like some Halloween candy, let us know! We will make up a candy bag that they (or you) can pick up from church.

## **NOVEMBER 2, 2025**

#### **CROP Walk**

Elaine Runkel | crop@standrews.net

Join the St. Andrew's team for the 33rd Annual Burke/Fairfax CROP Hunger Walk on Sunday, November 2nd. Registration starts at 1:45 p.m., and the walk begins at 2:00 p.m. The walk will start at Burke Presbyterian Church, proceed to Knollwood, and then return to the church.

This family-friendly event welcomes participants of all ages and is a fantastic opportunity to connect with fellow parishioners. You can register to walk, or donate, by <u>clicking here</u>.

## NOVEMBER 2, 2025

## Choral Evensong for All Saints

Alan Moser | alan@standrews.net

We continue in our tradition of Choral Evensong on the Feast of All Saints' (transferred) on Sunday, November 2nd at 5:00 p.m., reception to follow. Choral Evensong is a deeply contemplative and musical form of worship, rooted in the Anglican tradition. It is a service sung, featuring our choir, offering a sacred space to reflect, listen, and pray as the day concludes.

## NOVEMBER 7, 2025

## Men's Fellowship: Coffee to Go or Stay!

Darren Williams | mensfellowship@standrews.net

Please stop by the West Springfield Panera (Rolling Rd and Old Keene Mill Rd) on your way to work, or stay and have coffee and a bagel. Be it 5 minutes or an hour, we'd love to see you for some fellowship on Friday, November 7th, between 7:30 and 8:30 a.m.!

Upcoming coffee dates: December 12th.

## NOVEMBER 9, 2025

#### **Second Sundays**

Kate Lewis | formation@standrews.net

Join us for our next Second Sundays gathering on Sunday, November 9th, from 4 pm-5:30 pm in the Front Parking Lot (Weather Permitting). We'll have a mix of activities for Fun and Fellowship, including a Bounce House, outdoor games, Fall Cookie Decorating, and Hot Chocolate. Families and kids of all ages are welcome! Grandparents, feel free to bring your grandchildren. Families, feel free to invite a friend who is curious about St. Andrew's to join you. Hope to see you there!

## **NOVEMBER 15, 2025**

#### Fall Parish Cleanup

Anne Brannam | jrwarden@standrews.net

Fall clean up will take place November 15th from 9:00 a.m. - 12:30 p.m. Bring rakes, tarps, work gloves, shovels, wheelbarrows, indoor cleaning gloves, etc. Donuts, bagels, coffee, and water will be supplied, and teens can get service hours! Hope to see many of you there!



## **NOVEMBER 20, 2025**

## Women's Fellowship: Coffee Chat

Karen Hilber | womensfellowship@standrews.net

The holiday season is just around the corner! Grab a hot beverage and join us for relaxing conversations before the hustle and bustle begins. Stop by for a few minutes, or long enough for a second cup!

Have never been to a Women's Fellowship event before? No worries! It's not a group that you belong to or don't belong to. All are welcome! We don't take attendance- whether you come to one event or all of them, you are always welcome!

See you at West Springfield Panera on Thursday, November 20th, at 9:30 a.m.!

#### LECTIONARY READINGS

(www.lectionarypage.net)

#### **NOVEMBER 2, 2025**

All Saints

Daniel 7:1-3,15-18 Psalm 149 Ephesians 1:11-23 Luke 6:20-31

#### **NOVEMBER 9, 2025**

22nd Sunday after Pentecost

Job 19:23-27a Psalm 17:1-9 2 Thessalonians 2:1-5, 13-17 Luke 20:27-38

#### **NOVEMBER 16, 2025**

23rd Sunday after Pentecost

Malachi 4:1-2a Psalm 98 2 Thessalonians 3:6-13 Luke 21:5-19

#### **NOVEMBER 23, 2025**

24th Sunday after Pentecost

Jeremiah 23:1-6 Psalm 46 Colossians 1:11-20 Luke 23:33-43

## **NOVEMBER 30, 2025**

1st Sunday of Advent

Isaiah 2:1-5 Psalm 122 Romans 13:11-14 Matthew 24:36-44

# **NOVEMBER BIRTHDAYS**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Nora Wood	4 Alex Froede Jeffrey Regan	5 Darren Williams	6 Andrew Nedelka Sammy Demy	7 Maddy Cotten Peyton Larsen	8
9 Steve Van Beek Carleigh Haskins Dan Meyer Jack Stem	10 Gloria Spaans	11 VETERAN'S DAY Stephen Bowdren Nicholas McWilliams	12 Allie Kugler Ronan Ganley	13 Donna Daugherty Dave Umberger	14	15 D'Arcy Roper Logan Ganley
16 Julie Morgan Christina Nies Ann Bidwell	17	18	19 Carolyn Kohn	20 Robbie Kugler Jensen Kugler Ron Mason	21	22 Hope Van Beek Skye Van Beek Evie West
23 Chris Umberger	24 Stephanie Meadows Katie Campbell	25 Martha Williams	26	27 THANKSGIVING	28 Alice Corbett Heidi Kugler	29 Cathy Harman Janet Rife Harry Raber
30 ADVENT 1						

Don't see your name on your birthday? Let us know!

Contact Emily (emily@standrews.net) and we'll get you added to the list.

## **DIRECTORY**

# Clergy & Staff

The Rev. William L. Packard | Rector will@standrews.net

The Rev. Maria Maguire | Associate Rector maria@standrews.net

The Rev. Susie Harding | Deacon susie@standrews.net

Michelle Ramsdell | Parish Administrator michelle@standrews.net

Emily Nein | Communications Director emily@standrews.net

Alan Moser | Minister of Music, Organist, & Choirmaster alan@standrews.net

Tami Phillips | Preschool Director preschool@standrews.net

Carlos Guzman | Sexton sexton@standrews.net

# 2025 Vestry

Jeff Reba | Senior Warden srwarden@standrews.net

Anne Brannam | Junior Warden jrwarden@standrews.net

Laura Sabo | Register register@standrews.net

**Dan Humphrey** | Treasurer treasurer@standrews.net

Pam Hardin & Gail Bouton | Fellowship fellowship@standrews.net

Kate Lewis & Laura Sabo | Formation formation@standrews.net

Paul Foley & Bill Johnson | Outreach outreach@standrews.net

Carol Robinson | Safety & Security safety@standrews.net

**Stephanie Meadows** | Stewardship stewardship@standrews.net

Karen Spencer | Welcome welcome@standrews.net

Christopher Lillard | Youth Rep

